



KEY
Careers
Existing Content
New or Updated Content

Enrichment curriculum 2025/26

Year 7

Term One – Decision Making and Progression	Term Two – Relationships
Transition to Secondary school – Developing Learning Skills	Career mapping and Goals
Developing Learning Skills – Part 2	Exploring Possibilities: Dream Jobs – Unifrog – IT Room
Careers Information	Friendships support in school
Introduction to Unifrog – IT Room	Family life – roles and responsibilities
Who am I? – Unifrog – IT Room	Legal Consequence of Different Family Forms
Motivation to Work	Online Safety – Two Lessons

Term Three – Health	Term Four – Sex
What is a Career? – Unifrog – IT Room	What is an Entrepreneur? – Unifrog – IT Room
Menstruation	Commitment, What does it mean? Medway
Menstrual wellbeing	Introducing Consent Medway
My changing body	How a baby is made
Personal hygiene	Self-examination
Healthy mind	FGM introduction

Term Five – Relationships/Health	Term Six – Catch-up/Wider World
What is a work-life balance? – Unifrog – IT Room	Careers and the Future – Unifrog – IT Room
Coercive Friendships Relationships	Healthy eating
Serious and organised crime Relationships	Somethings not right (KS3) Home Office
Vaping Part 1 Health	Dental Health Health
Basic Life Support (Basic First Aid) Health	Citizenship
The Sleep Factor Health	Anti-Bullying
	Water Safety



KEY
Careers
Existing Content
New or Updated Content

Year 8

Term One – Decision Making and Progression	Term Two – Relationships
Exploring Pathways and Research Task	Job Applications: Superhero CVs – Unifrog – IT Room
Making decisions	Career Terminology – Unifrog – IT Room
Goal Mapping	Managing conflict – positive relationships
Creativity – Barclays Life Skills	Sexual orientation and gender identity
Unifrog – Refamiliarise – IT Room	Grooming
What are my interests? – Unifrog – IT Room	Committed Relationships & Family Life – Lesson 1
	Bullying/Cyberbullying

Term Three – Sex	Term Four – Health
Challenges and Rewards of Work – Unifrog – IT Room	Creating the life you want – Unifrog – IT Room
Dealing with change; online stress and FOMO Health	Understanding Drugs
Capacity to consent	Alcohol and Risk
Introduction to contraception	Tobacco – risks and influences
Pornography	Vaping Part 2
Sexting	Asthma (Basic First Aid)

Term Five – Relationships	Term Six – Catchup/Wider World
What does success mean to me? – Unifrog – IT Room	Careers and the Climate – Unifrog – IT Room
Committed Relationships & Family Life – Lesson 2	Understanding Fraud
Relationship Values	Mobile Phones Financial Risk
Online Friendships	Allergies
Loss and Bereavement	Making choices: Sex Relationships and BBFC Age Ratings
Disability and Discrimination	County lines



KEY
Careers
Existing Content
New or Updated Content

Year 9

Term One – Decision Making and Progression	Term Two – Relationships
Unifrog - Refamiliarise – IT Room	What comes after School? – Unifrog – IT Room
Bridge to the Future – IT Room	Unhealthy Vs Healthy Relationships
LMI	Nudes
Record of Achievement – Unifrog – IT Room	Abuse – Physical/Domestic
What are my Skills? – Unifrog – IT Room	Pressure, Persuasion & Coercion
Introduction to CVs	Sexual Harassment
	Addressing Relationship Abuse

Term Three – Sex	Term Four – Health
Decision Making: What to Study at KS4 – Unifrog – IT Room	Taking Control of your Career Journey – Unifrog – IT Room
FGM Revisited	Social Media and Health
Beginning relationships	Eating disorders – Lesson 1
Capacity to Consent KS3	Eating disorders – Lesson 2
Preventing STIs	Choking (Basic First Aid)
Blood, Organ and Stem Cell Donation	Head Injuries (Basic First Aid)

Term Five – Money	Term Six – Catch-up/Wider World
Working & Earning: Managing your Money – Unifrog – IT Room	What is the Labour Market? – Unifrog – IT Room
Money Attitudes - Needs & Wants	Equality Act
Value for Money	Drugs, the Law and Managing Risk
Introduction to Credit, Savings and Bank Accounts	Exploring Risk in Relation to Gambling
Dealing with Financial Dilemmas	Citizenship – Children Rights – Lesson 1
Budgeting when Gaming	Citizenship – Children Rights – Lesson 2



KEY
Careers
Existing Content
New or Updated Content

Year 10

Term One – Decision Making and Progression	Term Two – Relationships
Routes to the Future talk – IT Room	Exploring Employer Profiles – Unifrog – IT Room
Routes to the Future follow up activity	Talking to parents/carers about sex and stuff
Reflecting on my Career Journey – Unifrog – IT Room	101 ways to show someone you love them... without having sex
Intro to FE	Legalities of Marriage
Intro to HE	Child Exploitation
Apprenticeships – IT Room	Stalking
	Harassment

Term Three – Sex	Term Four – Health
What Type of Career is best for me? – Unifrog – IT Room	Preparing for Work Experience – Unifrog – IT Room
Substance Use and Managing Influence	Stress
Contraception	Call Push Rescue (Basic First Aid)
Condom Negotiation	Bleeding and Shock (Basic First Aid)
Fertility and routes to parenthood	Chest Pain (Basic First Aid)
Something's not right (KS4)	Substance Use and Assessing risk

Term Five – Finance	Term Six – Catch-up/Wider World
Wellbeing in the Workplace – Unifrog – IT Room	In-person, Hybrid, Remote: What works best? – Unifrog – IT Room
Understanding and Managing Debt, Credit and Budgets	Drug and Alcohol; Help Seeking and Sources of Support
Salaries, Payslips, Pensions, Student Loans	Hate Crime
Financial Risk and Security	What is Cancer
Money Mules	Future of Money
Protecting Against Scams	Unifrog Escape Room – IT Room



KEY
Careers
Existing Content
New or Updated Content

Year 11

Term One – Decision Making and Progression	Term Two – Relationships
What are my Employability Skills? – Unifrog	Public sexual harassment
Post-16 Choices, choices - Unifrog	Criminal exploitation and gangs
Choosing your post-16 pathway - Unifrog	Diversity and prejudice
Researching volunteering and paid work - Unifrog	Reframing Negative Thinking
Revision Skills - Unifrog	Mock Exams
Money Talks: Apprenticeships vs Higher Education - Unifrog	Mock Exams
	Mock Exams

Term Three – Sex	Term Four – Health
Is AI a threat to our jobs? - Unifrog	Coping with Change – Leaving Secondary School - Unifrog
Sexual Exploitation	Stress
Managing Sexual Pressure	Stress
Staying Safe in Sexual relationships	Bone Muscle and Joint injuries (Basic First Aid)
Pregnancy Outcomes Medway	The Sleep Factor
Pregnancy Choices: Abortion Medway	Topic not done from Term Two

Term Five – World of Work
Revisit Revision Techniques
Green Jobs - Unifrog
Unifrog – TBC



KEY
Careers
Existing Content
New or Updated Content

External Visitors

Year 7

RoadHog Bus: Friendship
Lying

Year 8

RoadHog Bus: Cheating
Friendship

Stay Safe Day: Healthy Relationships
Fire Safety
Online Safety
Anti-Social Behaviour
Alcohol and Drug Awareness

Year 10

Stay Safe Day: Road Safety
Healthy Relationships
Online Safety
County Lines and Knife Crime
Drug Awareness