



LEADING LEARNING TOGETHER

COMMITMENT, OPPORTUNITY, DISCIPLINE AND EXCELLENCE

GCSE PE Curriculum Overview - Academic Year 2025-2026

Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
10	Musculo Skeletal Health and wellbeing Somatotypes Netball	Musculo Skeletal Health and wellbeing Somatotypes Badminton	Cardiovascular Health and wellbeing Somatotypes Badminton	Respiratory Health and wellbeing Somatotypes Netball	Components of fitness Health and wellbeing Somatotypes Athletics	Health and wellbeing Somatotypes Athletics
	Monday lunch time – Badminton club Friday evening - 3.35 – 4.45pm Netball Wednesday evening 3.35 – 4.45pm					
11	Principles and methods of training Safety in sport Information processing Netbal	Aerobic and anaerobic exercise Feedback and Guidance Netball	Coursework written Badminton	Paper 1 Revision Feedback and Guidance Badminton	Paper 1 revision Safety in sport Information processing Revision	